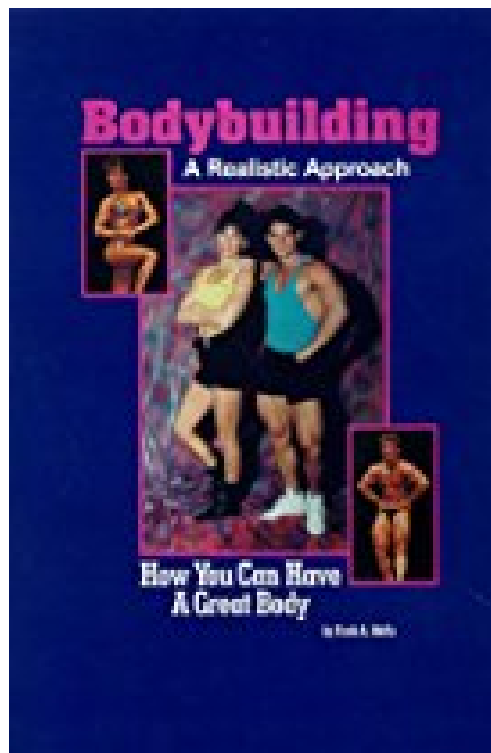




Bodybuilding a Realistic Approach: How You Can Have a Great Body



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